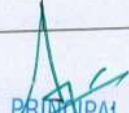


**VAIDYARATNAM AYURVEDA COLLEGE, OLLUR, THRISSUR**  
**TIME TABLE - 1ST PROFESSIONAL BAMS (JUNIORS-2025 BATCH)**

	08.30 AM To 9.00 AM SAMHITA PARAYANA	9.00 A M To 10.00 AM	10.00 A M To 11.00 A M	11.00 A M To 12.00 PM	12.00 PM To 1.00 PM	1.00 PM To 2.00 PM LUNCH BREAK	2.00 PM To 3.00 PM	3.00 PM To 4.00 PM
		MONDAY	Sanskrit Smt. Rasmi B (LH)	Samhita Adhyayan - 1 (LH) Dr P V Nandini	Rachana Sareera Dr Danic George (NLHT)		Padartha (NLHT) Dr P V Nandini	Kriya Sareera Dr Amrutha/ Dr Sreejith (NLHP/ECE)
TUESDAY	Kriya Sareera Dr Sreejith (LH)	Padartha (LH) Smt. Rasmi B/Dr Bimal K N	Sanskrit Smt. Rasmi B (NLHT)	Samhita Adhyayan - 1 NLHT Dr Priyada K V	Rachana Sareera (Dr Vishnu Damodar/Dr Danic George (NLHP)			
WEDNESDAY	Samhita Adhyayan - 1 (LH) Dr Priyada K V	Kriya Sareera Dr Amrutha (LH)	Sanskrit Smt. Rasmi B (NLHT)	Padartha NLHT/P Dr Priyada K V	Rachana Sareera (Dr Vishnu Damodar/Dr Danic George (NLHP)			
THURSDAY	Padartha (LH) Smt. Rasmi B	Rachana Sareera Dr Vishnu Damodar (LH)	Samhita Adhyayan - 1 NLHT Dr Priyada K V	Sanskrit- Itihasa Dr Nandini/ Dr Bimal/Dr Priyada (NLHT)	Kriya Sareera Dr Amrutha /Dr Sreejith (NLHP/ECE)			
FRIDAY	Rachana Sareera Dr Danic George (LH)	Kriya Sareera Dr Sreejith (LH)	Rachana Sareera Dr Vishnu Damodar (NLHT)	Sanskrit Smt. Rasmi B (NLHT)	Samhita Adhyayan - 1 NLHT/Parayana Dr Nandini/Dr Bimal/Dr Priyada			
SATURDAY	Sanskrit Smt. Rasmi B (LH)	Rachana Sareera Dr Danic George (LH)	Kriya Sareera Dr Amrutha 3 <sup>rd</sup> & 5 <sup>th</sup> / Dr Sreejith - 1 <sup>st</sup> & 4 <sup>th</sup> (NLHP)	Samhita Adhyayan - 1 (NLHT) Dr Bimal K N	Library Assignment s	Physical Exercises		



  
**PRINCIPAL**  
 VAIDYARATNAM AYURVEDA COLLEGE  
 THAIKATTUSSERY, THRISSUR, KERALA

TIMETABLE FOR SECOND PROFESSIONAL BAMS (JUNIOR) 2024 BATCH

02.05.2026

	9 - 10	10-11	11-12	12-1	2-3	3-4
MON	DG(L)NVS	SA(L)PKV	RN(NL-T)AP	SW(L)RT	SW(L)SSP	AT(L)RRW
TUE	SW(NL-C) YOGA	SA (NL) PVN	R&B (NLT) AM	RN (NL-T) RVF	AT (L)AS	RN(L) RS
WED	SW (NL0T) RT	DG (L) AKP/SL	RN (NL-C) RVF/AP/RS	RN (NL-C) RVF/AP/RS	AT (NL-P) RRW	R&B (L) SKP/AM
THU	DG(L)NVS	SW (L) SSP	R&B (NL-P) SKP/AM & DG(NL-P) NVS/SL	R&B (NL-P) SKP/AM & DG(NL-P) NVS/SL	AT (NL-T) AS	SA (NL) KNB
FRI	DG (NL-T) SL	R&B (NL-P) SKP/AM & DG(NL-P) NVS/SL	R&B (NL-P) SKP/AM & DG(NL-P) NVS/SL	R & B(L) SKP	AT (NL-T) RRW	SW (L) RT
SAT	SW (NL-C) SSP	SA (L) PVN	AT (NL-P)AS	RN (L) AP/RVF	LIBRARY	PT

PRINCIPAL

COPY TO- RASASATRA BHAISHAJYAKALPANA, DRAVYAGUNA VIJYAN, ROGANIDANAM,  
AGADATANTRAM, SWASTHAM, SAMHITA  
NOTICE BOARD,FILE

VAIDYARATNAM AYURVEDA COLLEGE  
THAIKATTUSSERY, THRISSUR, KERALA

TIMETABLE FOR IIND PROFESSIONAL BAMS 2023 BATCH							01.12.2025
	8-10	10-11	11-12	12-1	2-3	3-4	
MON	NLT(AT-SW-RN)	DG (L) SL	R&B(L)SKP	AT(L)RRW	R&B(NL-P) AM/SKP & DG-GARDEN VISIT /(NL-P)/NVS/SL	R&B(NL-P) AM/SKP & DG-GARDEN VISIT /(NL-P)/NVS/SL	
TUE	R&B (NLT) AM	SW(L)SSP	SA(L)PKV	SA(L)KNB	R&B (L) SKP	AT(L)AS	
WED	DG (NLT) SL/NVS	RN(L)RVF	SW(L)RT	DG(L)NVS	RN(L)RS	SA(NLP)KNB	
THU	NLP(AT-SW-RN)	R&B(L)SKP	SW(L)SSP	RN(L) AP	R&B(NL-P) AM/SKP & DG-LAB /(NL- P)/NVS/SL	R&B(NL-P) AM/SKP & DG- LAB /(NL- P)/NVS/SL	
FRI	NLP(AT-SW-RN)	RN(L) RS/ RVF	SA(NLT)PVN	DG(L)NVS	SW(L)RT	R&B (L) AM	
SAT	NLP(T-SW-RN)	DG (L) SL	RN(L) AP/RVF	R&B (L) SKP	LIBRARY	PT	



*[Signature]*  
PRINCIPAL


**VAIDYARATNAM AYURVEDA COLLEGE, OLLUR**

Third Prof BAMS Jr (2022 Admission) w.e.f 11.05.2026

Day	8-11	11-12	12-1	2-3	3-4	
<b>Monday</b>	KC/PK/SL/ST/PS/KB (NLHP)	PK (LH/NLHT) Dr. RH	SA3 (LH/NLHT) Dr. PVN/Dr. KNB	ST (LH/NLHT) Dr. SS	KB (LH/NLHT) Dr. AB	
<b>Tuesday</b>	KC/PK/SL/ST/PS/KB (NLHP)	ST (LH/NLHT) Dr. ASC	PS (LH/NLHT) Dr. AR/Dr. Reshma	SL (LH/NLHT) Dr. AVR	PK (LH/NLHT) Dr. PRVA	
<b>Wednesday</b>	KC/PK/SL/ST/PS/KB (NLHP)	SA3 (LH/NLHT) Dr. PVN/Dr. KNB	KC (LH/NLHT) Dr. Jibi/Dr. Dileep	PK (LH) Dr. RH	PS (LH/NLHT) Dr. RS	
<b>Thursday</b>	KC/PK/SL/ST/PS/KB (NLHP)	SL (LH/NLHT) Dr. SG	KB (LH/NLHT) Dr. LR	PS (LH/NLHT) Dr. AR	ST (LH/NLHT) Dr. SS/ Dr. LakshmiPriya	
<b>Friday</b>	<b>Time 8 - 10 am</b> KC/PK/SL/ST/PS/KB (NLHP)	<b>10 - 11 am</b> KC (LH/NLHT) Dr. NK	KC (LH/NLHT) Dr. NN	RM: Dr. SSP/Dr. RT OR EM: Dr. NK/Dr. AMS/Dr. NN	KB (LH/NLHT) Dr. AB	SL (LH/NLHT) Dr. AVR
<b>Saturday</b>	KC/PK/SL/ST/PS/KB (NLHP)	KC (LH/NLHT) Dr. AMS/TCM	SA3 (LH/NLHT) Dr. PVN/Dr. KNB/ Dr. Priyada	Library Hour	Sports Hour	

Abbreviations: KC-Kayachikitsa, PK-Panchakarma, SL-Shalakyatantra, ST-Shalyatantra, KB-Koumarabhritya, PS-Prasutitantra & Streeroga, SA3-Samhita Adhyayan, RM-Research Methodology & Medical Statistics, EM-Emergency Medicine.

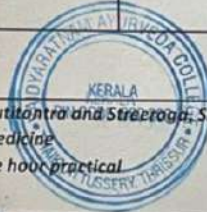


  
PRINCIPAL

PRINCIPAL  
VAIDYARATNAM AYURVEDA COLLEGE  
THAKKATTUSSERY, THIRUVANANTHAPURAM, KERALA

**VAIDYARATNAM AYURVEDA COLLEGE, OLLUR**  
**Time Table Third Prof BAMS sr (2021 Admission) w.e.f 16.02.2026**

Day	8-11	11-12	12-1	2-3	3-4	
Monday	KC/PK/SL/ST/PS/KB (NLHP)	SA-3(Dr.KNB) LH	KB (Dr.AB/Dr.LR)	P S (Dr.RS)	KC (Dr.AMS)	
Tues day	KC/PK/SL/ST/PS/KB (NLHP)	PK (Dr.RH)	SL(Dr.SG)	P S(Dr.AR)	S T (Dr.LP)	
Wednes day	KC/PK/SL/ST/PS/KB (NLHP)	PK (Dr.PKVA)	SL (Dr.AVR)	SA-3(Dr.PVN) NLHT	SA-3(Dr.PRIYADA K V) NLHT	
Thurs day	8-10 KC/PK/SL/ST/PS/K B (NLHP)	10-11 ST(Dr.SS) ST	S T (Dr.SS)	KC(Dr.Jibi/Dr.NK)	RM (Dr.RT/Dr.SSP)	K B(Dr.LR)
Friday	KC/PK/SL/ST/PS/KB (NLHP)	SL (Dr.AVR)	KB (Dr.AB)	P S (Dr.RS)	KC (Dr.NN)	
Satur day	KC-EM/PK/SL/ST/PS/KB (NLHP)	PK (Dr.RH)	KC (Dr.TCM)	LIBRARY HOUR	SPORTS HOUR	



*[Signature]*  
**VICE PRINCIPAL**

Copy to KC-Kayachikitsa, PK-Panchakarma, SL-Salakyatantra, ST-Salyatantra, KB-Koumarabhritya, PS-Prasutitantra and Streeroga, SA3-Samhita Adhyayan, RM-  
 Research Methodolgy & Medical Statistics, EM-Emergency Medicin

- LH-Lecture hour, NLHT-Non lecture hour theory, NLHT-Non lecture hour practical