

VAIDYARATNAM AYURVEDA COLLEGE, OLLUR

FIRST YEAR BAMS (2025 BATCH)

TIME TABLE

From 01.11.2025 To JUNIOR BATCH

Days	8:45 AM to 9 AM	9 AM to 10 AM	10 AM to 11 AM	11 AM to 12 PM	12 PM to 1 PM	2 PM to 3 PM	3 PM to 4 PM
Monday	Sambhita Paarayana	Sanskritam Smt.Rasmi.B (LH)	Sambhita Adhyayan 1 Dr P V Nandini (LH)	Rachana Sarcera Dr.Danie George (NLHT)	Padarthia Vijnana Dr P V Nandini (NLHT)	Kriya Sarcera Dr Amrutha (NLHP/ECE)Dr Amrutha/Dr.Sreejith	
Tuesday	Sambhita Paarayana	Kriya Sarcera Dr.Sreejith (LH)	Padarthia Vijnana Dr.Bimal K (NLH)	Sanskritam Smt.Rasmi.B (NLHT)	Sambhita Adhyayan 1 Dr.Priyada K V (NLHT)	Rachana Sarcera /Dr Vishnu Damodar /Dr Danie George (NLHP)	
Wednesday	Sambhita Paarayana	Sambhita Adhyayan 1 Dr.Priyada K V (LH)	Kriya Sarcera Dr Amrutha (LH)	Sanskritam Smt.Rasmi.B (NLHT)	Padarthia Vijnana Dr.Priyada K V (NLHT/P)	Rachana Sarcera /Dr Vishnu Damodar /Dr Danie George (NLHP)	
Thursday	Sambhita Paarayana	Padarthia Vijnana Smt.Rasmi.B (LH)	Rachana Sarcera Dr Vishnu Damodar (LH)	Sambhita Adhyayan 1 Dr Priyada K V (NLHT)	Sanskritam Dr.Nandini/Dr.Bimal/Dr.Priyada (NLHT)	Kriya Sarcera Dr Amrutha (NLHP/ECE) Dr.Sreejith	
Friday	Sambhita Paarayana	Rachana Sarcera Dr.Danie George (LH)	Kriya Sarcera Dr.Sreejith (LH)	Rachana Sarcera Dr Vishnu Damodar (NLHT)	Sanskritam Smt.Rasmi.B (NLHP)	Sambhita Adhyayan 1 Dr P V Nandini / Dr.Bimal K.N. /Dr.Priyada K V(NLHT/Paarayana)	
Saturday	Sambhita Paarayana	Sanskritam Smt.Rasmi.B (LH)	Rachana Sarcera Dr.Danie George (LH)	Kriya Sarcera Dr Amrutha- 3rd & 5th-/ Dr.Sreejith - 1st & 4th (NLHP)	Sambhita Adhyayan 1 Dr Bimal K N(NLHT)	Library Assignments	Physical Exercises

[Signature]
VICE PRINCIPAL

1.Smt.Rasmi.B Asst.Professor 2.Dr P V Nandini Professor 3.Dr.Danie George Asso.Professor 4.Dr Amrutha Elanun Asst.Professor 5.Dr.Sreejith V Asst.Professor 6.Dr.Bimal K N Asst.Professor 7.Dr Priyada K V Asst.Professor 8.Dr.Vishnu Damodar Asst.Professor

Copy To,
Dept. of Sambhita, Sanskrita & Siddhanta, Rachana Sarcera, Kriya Sarcera



TIMETABLE FOR SECOND PROFESSIONAL BAMS (JUNIOR) 2024 BATCH 02.05.2026

	4-3-04	10-11	11-12	12-1	2-3	3-4
MON	Dravyaguna vigyan(I)/Dr.Nimmy V S	Sambhitha adhyayan(I)/Dr.PKV.Anand	Roganidana evam vikriti vigyan(NL- T)/Dr. Anagha P	Swastha vritta evam Yoga Swasthavrittha(I)/Dr. Reshma T	Swastha vritta evam Yoga Swasthavrittha(I)/Dr. Sally S P	Agada tantra evam vidhi valdyaka(I)/Dr. REITHA R WARRIER
TUE	Swastha vritta evam Yoga Swasthavrittha(NL-C) YOGA Dr. Sally S P	Sambhitha adhyayan (NL) Dr. Nandini P V	Rasasastra evam Bhaisajhya kalpana (NL) Dr.Arjun M	Roganidana evam vikriti vigyan (NL-T) Dr.Abdul Ravooof PK	Agada tantra evam vidhi valdyaka (I)/Dr.Aravind S	Roganidana evam vikriti vigyan(I) Dr.Rose Varghese
WED	Swastha vritta evam Yoga Swasthavrittha (NL/UT) Dr.Reshma T	Dravyaguna vigyan (I) Dr.Anu KP/ Dr.SREELEKSHMI.S	Roganidana evam vikriti vigyan (NL-C) Dr.Abdul Ravooof P K/Dr.Anagha P/Dr.Rose Varghese	Roganidana evam vikriti vigyan (NL-C) Dr.Abdul Ravooof P K/Dr.Anagha P/Dr.Rose Varghese	Agada tantra evam vidhi valdyaka (NL-P) Dr.REITHA R WARRIER	Rasasastra evam Bhaisajhya kalpana (I) Dr.Sajith kumar K P/Dr.Arjun M
THU	Dravyaguna vigyan(I)/Dr.Nimmy V S	Swastha vritta evam Yoga Swasthavrittha (I) Dr.Sally S P	Rasasastra evam Bhaisajhya kalpana (NL-P) Dr.Sajith kumar K P/Dr.Arjun M & Dravyaguna vigyan(NL-P) Dr.Mimny V S/Dr SREELEKSHMI.S	Rasasastra evam Bhaisajhya kalpana (NL-P) Dr.Sajith kumar K P/Dr.Arjun M & Dravyaguna vigyan(NL-P) Dr.Mimny V S/Dr SREELEKSHMI.S	Agada tantra evam vidhi valdyaka (NL-T)Dr.Aravind S	Sambhitha adhyayan (NL) Dr.Bimal K N
FRI	Dravyaguna vigyan (NL-T) Dr SREELEKSHMI.S	Rasasastra evam Bhaisajhya kalpana (NL- P)/Dr.Sajith kumar K P/Dr.Arjun M & Dravyaguna vigyan(NL-P) Dr.Mimny V S/Dr SREELEKSHMI.S	Rasasastra evam Bhaisajhya kalpana (NL- P)/Dr.Sajith kumar K P/Dr.Arjun M & Dravyaguna vigyan(NL-P) Dr.Mimny V S/Dr SREELEKSHMI.S	Rasasastra evam Bhaisajhya kalpana (I) Dr.Sajith kumar K P	Agada tantra evam vidhi valdyaka(NL-T) Dr.REITHA R WARRIER	Swastha vritta evam Yoga Swasthavrittha (I) Dr. Reshma T
SAT	Swastha vritta evam Yoga Swasthavrittha (NL-C) Dr.Sally S P	Sambhitha adhyayan (I) Dr.Nandini P V	Agada tantra evam vidhi valdyaka (NL- P)/Dr.Aravind S	Roganidana evam vikriti vigyan (I) Dr.Abdul Ravooof P K/Dr.Anagha P	LIBRARY	PT


VICE PRINCIPAL

1.Dr. NIMMY VS Asso. Professor 2.Dr. SREELEKSHMI.S Asst.Professor 3.Dr. SAJITH KUMAR KP Asso.Professor 4.Dr. RAJITHA R WARRIER Professor 5.Dr. ARJUN M Asst.Professor 6.Dr. SALLY S.P Asso. Professor 7.Dr. KN Bimal Asst. Professor 8.Dr. PRIYADA K V Asst.Professor 9.Dr. ARAVIND S Asst.Professor 10.Dr. ABDUL RAVOOOF Professor 11.Dr. RESHMA, T Asso.Professor 12. Dr. NIMMY VS Asso. Professor 13.Dr. ROSE VARGHESE Asst. Professor 14.Dr. PV NANDINI Professor 15.Dr. ANAGHA, P

COPY TO- Dept. of AT- Agada tantra evam vidhi valdyaka SW- Swastha vritta evam Yoga Swasthavrittha-RN- Roganidana evam vikriti vigyan DG- Dravyaguna vigyan
R&B- Rasasastra evam Bhaisajhya kalpana SA- Sambhitha adhyayan -2-Lecture NL-T- Non lecture Theory NL-P- Non lecture Practical



	8-10	10-11	11-12	12-1	2-3	3-4
MON	(NLT) Clinical class (Agada tantra evam vidhi vaidyaka-Swastha vritta evam Yoga Swasthavrittha--Roganidana evam vikriti vilgyan)	Dravaguna vilgyan (I) Dr SREELEKSHMIL S	Rasasatra evam Bhaishajya kalpana (I) Dr. SAJITH KUMAR KP	Agada tantra evam vidhi vaidyaka(I) Dr. RAJITHA R WARRIER	Rasasatra evam Bhaishajya kalpana (NL-P) Dr. ARJUN M /Dr.SAJITHKUMAR KP Dravaguna vilgyan-GARDEN VISIT Dr. NIMMY VS / Dr SREELEKSHMIL S	Rasasatra evam Bhaishajya kalpana (NL-P) Dr ARJUN M / Dr. SAJITH KUMAR KP Dr G-GARDEN VISIT Dr. NIMMY VS / Dr SREELEKSHMIL S
TUE	Rasasatra evam Bhaishajya kalpana (NLT) Dr ARJUN M	Swastha vritta evam Yoga Swasthavrittha(I) Dr.SAILY S.P	Samhitha adhyayan -2 (I) Dr PRIYADA KV	Samhitha adhyayan -2 (I) Dr KN BIMBAL	Rasasatra evam Bhaishajya kalpana (I) Dr.SAJITH KUMAR KP	Agada tantra evam vidhi vaidyaka(I) Dr ARAVIND S
WED	Dravaguna vilgyan (NLT) Dr. NIMMY VS / Dr SREELEKSHMIL S	Roganidana evam vikriti vilgyan (I) Dr ABDUL RAVOOF	Swastha vritta evam Yoga Swasthavrittha(I) Dr RESHMA T	Dravaguna vilgyan(I) Dr. NIMMY VS	Roganidana evam vikriti vilgyan (I) Dr ROSE VARGHESE	Samhitha adhyayan -2 (NL-P) Dr KN BIMBAL
THU	(NLT) Clinical class (Agada tantra evam vidhi vaidyaka-Swastha vritta evam Yoga Swasthavrittha--Roganidana evam vikriti vilgyan)	Rasasatra evam Bhaishajya kalpana (I) Dr. SAJITH KUMAR KP	Swastha vritta evam Yoga Swasthavrittha(I) Dr.SAILY S. P	Roganidana evam vikriti vilgyan (I) Dr ANAGHA. P	Rasasatra evam Bhaishajya kalpana (NL-P) Dr ARJUN M / Dr. SAJITH KUMAR KP Dravaguna vilgyan-LAB //NL-P// Dr. NIMMY VS / Dr SREELEKSHMIL S	Rasasatra evam Bhaishajya kalpana (NL-P) Dr ARJUN M / Dr. SAJITH KUMAR KP Dravaguna vilgyan- LAB //NL-P// Dr. NIMMY VS / Dr SREELEKSHMIL S
FRI	(NLT) Clinical class (Agada tantra evam vidhi vaidyaka-Swastha vritta evam Yoga Swasthavrittha--Roganidana evam vikriti vilgyan)	Roganidana evam vikriti vilgyan (I) Dr ROSE VARGHESE/ Dr ABDUL RAVOOF	Samhitha adhyayan -2 (NLT) Dr. PV NANDINI	Dravaguna vilgyan(I) Dr. NIMMY VS	Swastha vritta evam Yoga Swasthavrittha(I) Dr RESHMA. T	Rasasatra evam Bhaishajya kalpana (I) Dr ARJUN M
SAT	(NLT) Clinical class (Agada tantra evam vidhi vaidyaka-Swastha vritta evam Yoga Swasthavrittha--Roganidana evam vikriti vilgyan)	Dravaguna vilgyan (I) Dr SREELEKSHMIL S	Roganidana evam vikriti vilgyan (I) Dr ANAGHA. P/Dr ABDUL RAVOOF	Rasasatra evam Bhaishajya kalpana (I) Dr. SAJITH KUMAR KP	LIBRARY	PT

VICE PRINCIPAL.

1.Dr. NIMMY VS Asso.Professor 2.Dr. SREELEKSHMIL S Asst.Professor 3.Dr. SAJITH KUMAR KP Asso.Professor 4.Dr. RAJITHA R WARRIER Professor 5.Dr. ARJUN M Asst.Professor 6.Dr.SAILY S.P Asso. Professor 7.Dr. KN Bimal Asst.Professor 8.Dr.PRIYADA K V Asst.Professor 9.Dr. ARAVIND. S Asst.Professor 10.Dr ABDUL RAVOOF Professor 11.Dr. RESHMA. T Asso. Professor 12. Dr. NIMMY VS Asso. Professor 13.Dr ROSE VARGHESE Asst. Professor 14.Dr.PV NANDINI Professor 15.Dr ANAGHA. P Asst.Professor 16.Dr ARJUN M Asst.Professor

Copy To,

Dept. of AT - Agada tantra evam vidhi vaidyaka SW- Swastha vritta evam Yoga Swasthavrittha-RN- Roganidana evam vikriti vilgyan DG- Dravaguna vilgyan
R&B- Rasasatra evam Bhaishajya kalpana SA - Samhitha adhyayan -2 L-Lecture NLT- Non lecture Theory NLP- Non lecture Practical



Day		8 to 11		11 to 12		12 to 1		2 to 3		3 to 4	
		Third Prof BAMSUR (2022 Admission) w.e.f 11.05.2026									
Monday	Kayachikitsa/Panchakarma/Salyatantra/Salyatantra/Prasooti tantra/Koumaran(NLHP)	Panchakarma(LH/NLHT) Dr Rahul	Sambhita Adhyana 3 (LH/NLHT) Dr P V Nandini/ Dr KN Binmal	Salyatantra(LH/NLHT) Dr Steeja Sreekumar	Koumaran(LH/NLHT) Dr Aruna B						
Tuesday	Kayachikitsa/Panchakarma/Salyatantra/Salyatantra/Prasooti tantra/Koumaran(NLHP)	Salyatantra(LH/NLHT) Dr Alex Sebastian Chirayath	Prasooti tantra(LH/NLHT) Dr Anni Rose/Dr.Reshma T	Salyatantra(LH/NLHT) Dr Adarsh Varma	Panchakarma(LH)Dr Rahul						
Wednesday	Kayachikitsa/Panchakarma/Salyatantra/Salyatantra/Prasooti tantra/Koumaran(NLHP)	Sambhita Adhyana 3 (LH/NLHT)Dr P V Nandini/Dr KN Binmal	Kayachikitsa (LH/NLHT) Dr.Jibi/Dr.Dhheep	Panchakarma(LH)Dr Rahul	Prasooti tantra(LH/NLHT) Dr Radhika Satheeshan						
Thursday	Kayachikitsa/Panchakarma/Salyatantra/Salyatantra/Prasooti tantra/Koumaran(NLHP)	Salyatantra(LH/NLHT)Dr Stella George	Koumaran(LH/NLHT)Dr Linet	Prasooti tantra(LH/NLHT)Dr Anni Rose	Salyatantra (LH/NLHT) Dr Steeja/Dr.LakshmiPriya						
	Time 8 -10 am Kayachikitsa/Panchakarma/Salyatantra/Salyatantra/Prasooti tantra/Prasooti tantra/Koumaran(NLHP)	10-11am Kayachikitsa(LH/NLHT)Dr Navaneeth Krishnan	Kayachikitsa(LH/NLHT)Dr Nikhil Neeleandhan	Research Methodology & Medical Statistics:Dr Reshma T /Dr Shally O R	Koumaran(LH/NLHT)Dr Aruna B						
Friday	Kayachikitsa/Panchakarma/Salyatantra/Salyatantra/Prasooti tantra/Koumaran(NLHP)	Kayachikitsa(LH/NLHT)Dr Navaneeth Krishnan	Sambhita Adhyana 3 (LH/NLHT)Dr P V Nandini/ Dr T C Marikorty	Emergency Medicine:Dr Navaneeth Krishnan/Dr Aneesh M S /Dr Nikhil Neeleandhan (LH/NLHT)	Salyatantra(LH/NLHT) Dr P V Nandini/ Dr KN Binmal/Dr.Priyada	Library/Hours	Sports/Hours				
Saturday	Kayachikitsa/Panchakarma/Salyatantra/Salyatantra/Prasooti tantra/Koumaran(NLHP)	Kayachikitsa(LH/NLHT)Dr Aneesh M S / Dr T C Marikorty									

VICE PRINCIPAL

1.Dr.KN Binmal Asst.Professor,2.Dr Aruna B Asst.Professor,3.Dr.Linet Rose Asst.Professor,4.Dr.Radhika Satheesan Asst.Professor,5.Dr.Aneesh MS Asst.Professor,6.Dr.Stella George T G Asso.Professor,7.Dr.Anni Rose Asso.Professor,8.Dr.Lakshmi Priya Asst.Professor,9.Dr.PKVinand Asso.Professor,10.Dr.Adarsh Varma R Asst.Professor,11.Dr.P V Nandini Professor,12.Dr.PRIYADA K V Asst.Professor,13.Dr.Steeja Sreekumar Asst.Professor,14.Dr.Jibi Varghese Asso.Professor,15.Dr.Navaneeth Krishnan Asso.Professor,16.Dr.Reshma T Asst.Professor,17.Dr.Sally SP Asso.Professor,18.Dr.Linet Rose Asst.Professor

Copy To,
Dept. of KC-Kayachikitsa,PK-Panchakarma,SL-Shalakyatantra,ST-Shalyatantra,KB-Koumarabhinrya,
PS-Prasutianttra&Streeroga, SA3-Sambhita Adhyayan, RM-Research Methodology & Medical Statistics, EM-Emergency Medicine.



VAIDYARATNAM AYURVEDA COLLEGE, OLLUR

Time Table Third Prof BAMS sr (2021 Admission) w.e.f 16.02.2026

Day	8-11	11-12	12-1	2-3	3-4
Monday	Kayachikitsa/Panchakarma/Salakyatantra/Salyatantra/P rasooti tantra/Koumaram(NLHP)	Samhita Adhyayan-3(Dr.KN Bimal) LH	Koumarabhriya, (Dr.Arun B/Dr.Linet Rose) LH/NLHT	Prasuttantra and Streeroga (Dr.Radhika Satheesan) LH/NLHT	Kayachikitsa (Dr.Aneesh MS) LH/NLHT
Tues day	Kayachikitsa/Panchakarma/Salakyatantra/Salyatantra/P rasooti tantra/Koumaram(NLHP)	Panchakarma (Dr.Rahul H) LH/NLHT	Salakyatantra(Dr.Stella George)	Prasuttantra and Streeroga(Dr.Amal Rose) LH/NLHT	Salyatantra (Dr.Lekshmi Priya) LH/NLHT
Wednes day	Kayachikitsa/Panchakarma/Salakyatantra/Salyatantra/P rasooti tantra/Koumaram(NLHP)	Panchakarma(Dr.PKVAna nd)	Salakyatantra (Dr.Adarsh Varma R) LH/NLHT	Samhita Adhyayan-3(Dr.P V Nandini) NLHT	Samhita Adhyayan-3(Dr.PRIVADA K V) NLHT
Thurs day	8-10 Kayachikitsa/Panchakarma/Salakyatantra/Salyatantra/P rasooti tantra/Koumaram(NLHP)	10-11 ST(Dr.Sreeja Sreekumar)	Salyyatantra(Dr.Sreeja Sreekumar) LH/NLHT	KC(Dr.Jibi/Dr.Navaneet Krishnan) LH/NLHT	RM (Dr.Reshmat/Dr.Saily SP) LH/NLHT
Friday	Kayachikitsa/Panchakarma/Salakyatantra/Salyatantra/P rasooti tantra/Koumaram(NLHP)	Salakyatantra (Dr.Adarsh Varma R) LH/NLHT	Koumarabhriya, (Dr.Arun B) LH/NLHT	Prasuttantra and Streeroga (Dr.Radhika Satheesan) LH/NLHT	Kayachikitsa(Dr.Navaneet Krishnan) LH/NLHT
Satur day	Kayachikitsa/Emergency Medicine/Panchakarma/Salakyatantra/Salyatantra/Praso oti tantra/Koumaram(NLHP)	Panchakarma (Dr.Rahul H) LH/NLHT	Kayachikitsa (Dr.TC Marikkuty) LH/NLHT	LIBRARY HOUR	SPORTS HOUR


VICE PRINCIPAL

1.Dr.KN Bimal Asst.Professor,2.Dr.Arjun B Asst.Professor,3.Dr.Linet Rose Asst.Professor 4.Dr.Radhika Satheesan Asst.Professor 5.Dr.Aneesh MS Asst.Professor 6.Dr.Stella George T G Asso.Professor 7.Dr.Amal Rose Asso.Professor 8. Dr.Lekshmi Priya Asst.Professor 9.Dr.PKVAnand Asso.Professor 10.Dr.Adarsh Varma R Asst.Professor 11. Dr.P V Nandini Professor 12.Dr.PRIVADA K V Asst.Professor 13.Dr.Sreeja Sreekumar Asst.Professor 14.Dr.Jibi Varghese Asso.Professor 15. Dr.Navaneet Krishnan Asso.Professor 16.Dr.Reshmat Asst.Professor 17. Dr.Saily SP Asso.Professor 18.Dr.Linet Rose Asst.Professor

Copy to KC-Kayachikitsa, PK-Panchakarma, St-Salakyatantra, ST-Salyatantra, KB-Koumarabhriya, PS-Prasuttantra and Streeroga, SA3-Samhita Adhyayan, RM-Research Methodology & Medical Statistics, EM-Emergency

Medicine
LH-Lecture hour, NLHT-Non lecture hour theory, NLHT-Non lecture hour practical

