

Vaidyaratnam Ayurveda College , Ollur
Department of Dravyaguna Vijnana

Report on Event: **Dravya Pramanya 2024**, One day state level seminar on recent updates in Ayurveda drug research

Date:30/04/2024

Venue: Vaidyaratnam Ayurveda College, Ollur -Examination Hall

Objective:

The event aimed to bring together esteemed guests, faculty, PG Scholars, PhD scholars, Clinicians and students of Vaidyaratnam Ayurveda College for an enriching gathering focused on recent research updates in Dravyaguna and fostering collaboration within the community. Totally 48 delegates registered for the event.

Inaugural ceremony:

Dr. Latha K.K, MD(Ay) Principal of Vaidyaratnam Ayurveda College, delivered a warm welcome to all attendees, expressing gratitude for their presence and setting the tone for the event.

Ashtavaidyan Dr. E. T. Neelakandhan Mooss, Manager of Vaidyaratnam Ayurveda College, who delivered the presidential address provided valuable guidance and motivation to the audience, underscoring the institution's commitment to excellence in Ayurvedic education and research.

Honorable chief guest of the event, Dr. Kannan C S Warriar, Director of the Kerala Forest Research Institute (KFRI) inaugurated the seminar by lighting the lamp. All the dignitaries on the dias joined for the same. In his speech Dr. Kannan C S Warriar shared insights on the intersection of Ayurveda and environmental conservation, emphasizing the importance of preserving natural resources for holistic healthcare.

Sri Muralidharan Nair, Secretary, Vaidyaratnam Ayurveda Educational Society, and Dr Abdul Ravoof , RMO Vaidyaratnam Ayurveda College Hospital, delivered Felicitations on the

occasion. Mr Nithin Vaidyaratnam Ayurveda College Union representative, highlighted the importance of the seminar in shaping the knowledge in field of Dravyaguna and expressed the happiness among students of VAC in their involvement and engagement in the seminar.

Dr. Anju K.P, Professor and HOD of the Department of Dravyaguna Vijnan who delivered the Vote of Thanks of inaugural ceremony extended gratitude to all participants, resource persons, organizers, and management.

The highlight of the seminar was the classes by the luminaries of Dravyaguna:

1. **DR SHEELA KARALAM.B**, Chief Scientist , Head R & D, Vaidyaratnam Ayurveda Research Institute led a class on “Adulteration and substitution of Ayurveda Drugs-industrial perspective”
2. **DR JOSE T PAIKADA MD (Ay)**, Senior Consultant at. Vaidyaratnam Ayurveda Foundation led a class on “Use of Drugs in Clinical practice as single drug or in combination of minimal drugs”.
3. **-Dr AJAYAN SADANANDAN MD(Ay)PhD**,President, Centre for Indian Medical Heritage, AVP, Herbal Garden, Kanjikode led a class on “Ethno medical insights in Ayurveda drug research.”

A paper presentation competition in Ayurveda drug research was held simultaneously in 3 parallel sessions. 24 research papers were presented on the topics given below:

1. Applied aspect of Agryoushadha
2. Controversial / adulteration/ substitution/ unidentified dravya
3. Ethnomedicine
4. Standardisation of Ayurveda raw drug
5. Preclinical/ clinical study of Ayurveda raw drug
6. Pharmacovigilance in Ayurveda medicine
7. Ekala oushadha prayoga
8. Nutraceuticals/ cosmoceutical

Two judges each evaluated the presentations in each venue. Four best presenters were selected one each from each session. Dr Arya S, Dr Archana Rajendran, Dr Archana C V and Dr Indu B.S received prizes for best presentation.

The seminar came to an end at 3pm with Vote of Thanks by Dr Nimmy V S who expressed her gratitude to all luminaries who led excellent presentation and to the management, Principal, delegates, students and to all coordinators and volunteers. Dr Anju K.P gave a token of love and gratitude to the Principal Dr Latha K.K, (former HOD of Dravyaguna) on behalf of Dept of Dravyaguna.

Conclusion:The gathering served as a platform for knowledge exchange, networking, and inspiration, furthering the mission of Vaidyaratnam Ayurveda College to promote traditional healthcare practices. The event fostered a sense of community and collaboration among stakeholders, reinforcing the institution's commitment to advancing Ayurvedic education and research.

Recommendations:

Future events will continue to focus on interdisciplinary collaboration, innovation, and sustainability, aligning with the core values of Ayurveda drug research and addressing contemporary healthcare challenges.

Submitted by:

Dr Anju K.P

Professor and HOD

Dept of Dravyaguna

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